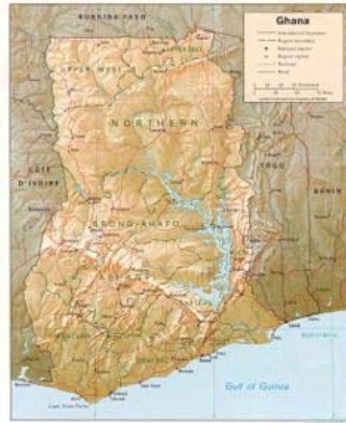


MILLSAPS IN AFRICA: GHANA
MAY 12 TO JUNE 2, 2008

TOUR DATE : May 12 – June 02, 2008 (22 days)
TOUR GUIDE: Miss Nana Aba Coffie
TOUR CO-ORDINATOR: Ms Vivian Armah
FACULTY: Dr. Iren Omo-Bare and Dr. David Davis



Special Topics in Political Science-Ghana in Transition (PLSC 4600)

The course will fulfill the elective requirements for the International Studies concentration and Political Science majors.*

The aim of this program is to provide students the tools with which to better understand contemporary developments in Africa (with specific emphasis on Ghana). The purpose is to examine critical issues in **environment**, history, politics, society and economic development in the West African state of Ghana. Central topics include: The struggle for democracy and political reform; Civil society and political participation; Challenges of economic growth, restructuring, and adjustment; Strategies for reducing poverty and improving popular **welfare**; **Ethnic identity and national unity**; Ghana's stability and security in a difficult region.

The course will provide students with a general orientation to Ghanaian politics and history, linked to a series of advanced seminars on critical issues facing the country today. Seminars may be taught by Ghanaian academics along with politicians, former government officials, and non-governmental activists. In addition, there will be field trips to important sites around the country, including the Ashanti center of Kumasi, the **Volta Dam, the Kakum ecotourism park, and coastal forts associated with the slave trade.**

The Ghana we find today still bears the scars of its historical legacy: conquest and domination by European powers, the struggle for independence, political turmoil, authoritarian regimes, and the shift to democracy. Appropriately, the first part of the course will focus on Ghana's historical legacy. Course activity in this section will

Comment [MC1]: The elimination of poverty and improving social welfare are central to sustainability. This could be emphasized.

include visits to slave forts in Cape Coast and Elmina, important historical sites and museums in Accra and Kumasi.

The second part of the course will be devoted to the general topic of development and underdevelopment as an approach to understanding the Third World. As the history of Ghana proves, some developmental strategies are more successful than others. Ghana provides the ideal setting for exploring failed and successful strategies of development C from the socialist oriented strategies of the Nkrumah regime to the World Bank inspired structural adjustment strategies of the Rawlings administrations. Ghana also provides a proper setting for the study of democratic transition, as well as the feasibility of achieving **United Nations Millennium Goals (MGD).***

A substantial part of course activity will deal specifically with the experience of post-independence Ghana, as an example of successful (or unsuccessful) effort at nation-building. Course activities will focus on the problems associated with attempts to establish and operate successful political and economic institutions, **implement strategies for sustainable development** and contain ethnic and religious strife.

The course will also explore contemporary arrangements and activities of international governmental and non-governmental organizations. Students will be introduced to the theoretical concepts, debates and ideas underpinning the study of these organizations. Ultimately the goal is to familiarize students with the practical aspects of these organizations. Ghana is well suited for the study of these organizations because some of the important international organizations have offices and important programs in the country. Students will be able to visit the United Nations (UN)-managed refugee camp for displaced Liberians, as well as NGO offices in Tamale and Accra.

Comment [MC2]: United Nations Millennium Development Goals (MGDs) include

- . Alleviate Poverty
- . Improve Health Care
- . Improve Education
- . **Commitment to Environmental Sustainability**

All these apply here

Comment [MC3]: How does the third world fit into the idea of sustainability? How can lives be improved with local resources? What about the problem of appropriate technology?

ITINERARY

Day 1

Mon May 12

ARRIVAL – AKWAABA

Arrival of group aboard Flight KL. Transfer group from airport to hotel.
Welcome Dinner at hotel (**Ange Hill Hotel**).

Day 2

Tue May 13

ORIENTATION/ ACCRA CITY DRIVE

0800 Breakfast at hotel.
1000 Orientation on tour details and general information on Ghana and her culture.
1100 Depart hotel for drive through the University of Ghana Legon campus. Visit the university's bookshop to enrich your library with some of our books.
1300 Lunch on Campus.
1400 Visit [Dr. Mahama \(Presidential Candidate\)](#)
1900 Dinner and overnight at Ange Hill Hotel, Accra

Day 3**Wed May 14****ACCRA CITY TOUR**

- 08:00 Breakfast at hotel
10:00 Depart hotel for a visit to the W.E.B. Dubois Memorial centre for Pan African Culture.
11:00 Visit the Kwame Nkrumah Memorial Park, final resting place of Ghana's first president. A guided tour of the facility is a summary of the fight for our independence
13:00 Lunch
1900 Dinner and overnight at Ange Hill Hotel, Accra

Day 4**Thur May 15 LECTURES FROM LOCAL SCHOLARS & EXPERTS**

- 07:00 Breakfast at hotel.
08:15 Depart hotel for Legon.
09:00 Lecture on History Samuel Ntewusu, Research Fellow Institute of African Studies
10:30 Lecture on Traditional Religion and Culture in Ghana, Prof. Elom Dovlo, Religions Department
12:00 Lunch and set off for Cape Coast
Check-in to Coconut Grove Hotel

Day 5**Fri May 16 HERITAGE TOUR**

- 08:00 Breakfast
09:00 Depart hotel.
13:00 Lunch
14:30 Experience the Cape Coast Castle with its history of the gruesome trans Atlantic slave trade. A guided tour of this British edifice brings out truths peculiar only to this building.
17:00 Arrive at Elmina to check in at the Coconut Grove Hotel
19:00 Dinner and overnight at the Hans Cottage.

Day 6**Sat May 17 RAINFOREST / EDINA**

- 08:00 Breakfast .
09:00 *Depart hotel for Kakum National Park. (ecotourism park)*
10:30 *Choose between hiking through the forest to study medicinal tree species or enjoy a birds eye view of the tropical rain forest from the canopy walkway. http://gorp.away.com/gorp/publishers/consintl/gha_kak.htm*
13:00 Lunch
15:00 A walking tour of Elmina (Edina) to experience various aspects of their culture as well as interaction with locals.

17:00 Return to hotel
19:00 Dinner and overnight at Hans Cottage

Day 7

Sun May 18 FREE DAY

Day 8

Mon May 19 ASANTE CULTURE TOUR

07:00 Breakfast and check out at Hans Cottage
08:00 Depart Elmina and enjoy the drive through Obuasi to Kumasi.
12:00 A visit to the royal Manhyia Palace Museum of the Oyoko ruling clan of Asantes will afford you the rare opportunity experience Asante chieftaincy and cultural values.
13:00 Lunch
Visit Central Market (largest in West Africa)
Overnight Engineering Guest House, Kumasi

Day 9

Tues May 20 CRAFT VILLAGES AND BESEASE TEMPLE

10:00 We visit three craft villages. Bonwire, the home of the intricate hand woven kente cloth, Ntonso, where hand printed Adinkra cloth is a local specialty, and Ahwiaa, with wood carvers who carve meaningful symbols from both hard and soft wood species.
13:00 Lunch
14:00 Visit [Besease Temple](#)
18:30 Arrive at Engineering Guest house for check in
19:00 Dinner
Overnight at Engineering Guest House, Kumasi

Day 10

Wed May 21 ASANTEMAN

08:00 Breakfast at Guest house
10:00 Depart guesthouse to spend the morning at the cultural centre or Bosomtwi Lake
13:00 Lunch
14:00 Spend the rest of the afternoon at leisure. An opportunity to follow up with orders from the previous day or continue shopping or rest.
19:00 Dinner and overnight at Engineering Guesthouse, Kumasi.

Day 11

Thur May 22 BRONG AHAFO/KINTAMPO WATERFALLS

07:00 Breakfast at guesthouse and check out
08:00 Depart guesthouse for a drive further north
10:30 *Enjoy a visit to Kintampo falls to experience nature at its best. This step like cascading waterfalls is a good recipe for relaxation.*
13:00 Lunch (picnic at the waterfalls).

14:30 Check in at the [Catholic Guest House](#)
19:00 Relax for rest of evening

Day 12

Fri May 23 [GAMBAGA](#)

07:00 Breakfast
08:00 Depart [Catholic Guest House](#) Lodge and head further to Gambaga
12:00 Lunch
18:30 *Arrive Mole National Park*
19:30 Dinner and overnight at Mole.

Day 13

Sat May 24 [WILDLIFE \(MOLE – KUMASI\)](#)

06:00 *Early morning trek through the wooded savanna to see warthogs duiker species and elephants.*
08:30 Breakfast
10:00 *Visit Larabanga Village and Mosque and Mystic Stone*
14:00 Lunch
16:00 Free evening
19:00 Dinner and overnight at Mole

Day 14

Sun May 25 [KUMASI – AKOSOMBO](#)

0600 Depart Mole
1100 Breakfast at Kintampo
1600 Lunch and Overnight in Kumasi

Day 15

Mon May 26 [HIGHLIGHTS OF VOLTA REGION](#)

0700 Depart for Ho.
Lunch and Overnight at Ho
0900 Arrival and Visit
Free evening

Day 16

Tues May 27 [TAFI MONKEY SANCTUARY, MOUNT AFADJATO, WLI FALLS](#)

06:00 Breakfast at hotel
07.00 *Visit Tafi Monkey Sanctuary*
10.00 *Visit Mount Afadjato*
13.00 *Lunch at Wli Waterfalls*
19:00 Dinner and overnight at Ho

Day 17

Wed May 28 [KPONG WATER PLANT](#)

08:00 Breakfast at hotel
09:00 *Depart for Kpong Water Treatment Plant en route to Accra*
Arrival in Accra

Day 18

Thurs May 29 FREE DAY

Day 19

Fri May 30 ABURI BOTANICAL GARDENS AND WOOD CARVING

VILLAGE

08:00 Breakfast at hotel
09:00 *Depart hotel for a Aburi Botanical Gardens*
13:00 Lunch
14:00 Visit Wood carving village
16:00 Depart village
19:00 Dinner and overnight at Ange Hill Hotel, Accra

Day 20

Sat May 31 DAY AT LEISURE

08:00 Breakfast at hotel
 The day is without our services. Another opportunity to be on your own and engage any activities of interest to you.
19:00 Dinner and overnight at Ange Hill Hotel, Accra

Day 21

Sun Jun 01 STUDENT PRESENTATIONS

Breakfast at hotel
Today is set aside for students' presentations.
Overnight at Accra -- Ange Hill Hotel

Day 22

Mon Jun 02 FINAL SHOPPING / DEPARTURE

08:00 Breakfast
 The day is spent finalizing your shopping, packing and preparing for departure
 Check out at hotel, Details of check out time will be communicated to you
16:00 Transfer to airport for departure formalities.
20:30 Depart aboard Flight

KAKUM NATIONAL PARK

The Kakum National Park is situated in a unique rainforest that is home to many almost extinct animal and plant species. Its most unique feature is a Canopy Walkway consisting of seven hanging bridges high up in the tree tops. The park is an isolated fragment of what was once a continuous belt of rainforest extending from Guinea through Sierra Leone, Liberia, and Cote d'Ivoire to Ghana. Degraded by mining, farming, and settlement, and combed by hunters and timber extractors, Kakum now covers less than 140 square miles, but it provides one of the last remaining habitats for six globally-endangered species, including Diana monkeys, bongos, yellow-backed duikers, and forest elephants.

Among other species, more than 300 kinds of birds and about 550 types of butterflies make their home in the forest canopy, and many of the canopy's inhabitants have never set foot on the forest floor. You can hear the distant rustling of leaves as a troop of monkeys travel through the canopy, but don't expect to see them. Kakum's mammals are known to be extremely elusive.

http://gorp.away.com/gorp/publishers/consintl/gha_kak.htm

ABURI BOTANICAL GARDENS

Aburi Botanic Garden is among the 1600 botanic gardens worldwide, leading the fight to save plant diversity as well as creating an understanding and awareness for the promotion of methods of conservation and development of plant resources. The Garden's main activities include:

- Scientific research
- Horticultural training
- Growing endangered plants
- Introducing rare plants into nature
- Managing natural reserves
- Environmental education

<http://www.unep-wcmc.org/species/plants/ghana/aburi.htm>

MOLE NATIONAL PARK

The Mole National Park is the oldest fully established national park in Ghana. The park is the largest of Ghana's National Parks. Situated in the heart of the Guinea savannah woodland ecosystem, it is home to 93 mammalian species, 33 reptiles nine amphibians and an estimated 300 birds species. The mammals include some 600 elephants, 2,000 roam antelopes, 3,000 hartebeests, 4,000 waterbucks, 5,000 buffalo and some 6,000 warthogs. Uncounted lions, leopards, hyenas and various primates can also be seen in Mole. A total of 600km of game protection and viewing roads have been developed within the park.

http://www.ghanaexpeditions.com/regions/highlight_detail.asp?id=&rdid=131

TAFI MONKEY SANCTUARY

Tafi Monkey Sanctuary (a sacred grove) is a traditional conservation area backed by statutory enforcement in co-operation with local communities. It is located in the Volta Region of Ghana. Tafi Atome is the home of Mona and Patas monkeys. These monkeys are found in a remnant patch of forests, which has survived fire and human disturbance around the village. These monkeys are regarded as gods and as such the natives do not kill them. They are protected by tradition.

http://www.fcghana.com/eco_tourism/tafi.htm

***UNITED NATIONS MILLENNIUM GOALS**

Goal 1: Eradicate extreme poverty and hunger

Goal 2: Achieve universal primary education

Goal 3: Promote gender equality and empower women

Goal 4: Reduce child mortality

Goal 5: Improve maternal health

Goal 6: Combat HIV/AIDS, malaria and other diseases

Goal 7: Ensure environmental sustainability

Goal 8: Develop a Global Partnership for Development