

TOWARD EXCELLENCE AND HEALTH

As a Millsaps Major, I am part of a community of scholars who are dedicated to the call of service and learning. In my endeavor to embody the college's mission of Ad Excellentiam and its Wesleyan heritage that urges "do no harm," I pledge to uphold the Major Call and adopt the following practices in order to keep fellow Majors and myself safe:

- Monitor my health for [symptoms](#) that include a fever of 100.4 F (38 C) or higher, dry cough, difficulty breathing, chills, muscle pain, headache, sore throat or sudden loss of taste or smell.
- If I have any symptoms, I will report them [here](#), stay home and contact a medical professional.
- Frequently wash my hands with soap and hot water or use hand sanitizer.
- Practice social distancing on campus and in the community.
- Wear a mask or neck gaiter as directed by the college.
- Keep my clothing, belongings, personal spaces and shared common spaces clean and disinfect spaces I have occupied in classrooms and laboratories at the end of each class period using provided materials.
- Be an active participant in communication by checking, reading and responding to my campus e-mail each day.
- Follow directions communicated through campus signage, campus communications and staff directives.
- Be positive, sensitive and helpful to anyone around me who may be struggling.

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