

COVID-19

COMMUNITY EXPECTATIONS

February 2021

MILLSAPS

COLLEGE

YOU DON'T COME HERE.
YOU BELONG HERE.

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GLOSSARY OF TERMS

Aramark: the food service provider of Millsaps College.

Campus Clear: a symptom-tracker available on all smart phones.

Close Contact Exposure: being present within 6 feet of an individual who has tested positive for the virus within the last 48 hours, with or without use of a mask/neck gaiter, for 15 minutes or more.

COVID-19: a mild to severe respiratory illness caused by a coronavirus and transmitted chiefly by contact with infectious material (such as respiratory droplets) or with objects or surfaces contaminated by the virus.

Fever: a body temperature of 100.4 or above; an indicator of an active infection.

Goodman House: an apartment-style residence hall located on the south side of Millsaps College's campus.

Hand Washing: using hand soap or cleanser and hot water to lather and rinse your hands for at least 20 seconds.

Isolation: to temporarily live in a space separate from other individuals while actively infected with an infectious disease.

PPE: personal protective equipment, including masks, cloth face coverings and gloves.

Quarantine/Isolation "Go Bag" - a bag that students can easily access in the event they need to enter into quarantine/isolation that is packed with a seven (7) day supply of clothes, medication, hygiene products, comfort items, bedding and towels.

Quarantine: to temporarily live in a space separate from other individuals after being exposed to an infectious disease.

Social distancing: allowing 6 feet distance between yourself and other individuals while wearing a mask/neck gaiter.

Temperature monitoring: taking your temperature, normally right after you wake up, with a thermometer.

COVID-19 SYMPTOMS

People with COVID-19 have reported a wide range of symptoms—ranging from no symptoms to severe illness. Symptoms may appear 2-10 days after exposure to the virus, and in some cases, up to 14 days after exposure. People with these symptoms may have COVID-19:

- Congestion or runny nose
- Cough
- Diarrhea
- Fatigue
- Fever or chills
- Headache
- Muscle or body aches
- Nausea or vomiting
- New loss of taste or smell
- Shortness of breath or difficulty breathing
- Sore throat

www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

REQUIRED PRACTICES FOR STUDENTS

WHAT TO DO IF YOU ARE EXPOSED TO COVID-19

Exposure is defined as contact, within 6 feet for 15 minutes or more, with or without mask/neck gaiter protection, with a person who has tested positive for the virus within the last 48 hours.

Please fill out this reporting [form](#).

WHAT TO DO IF YOU HAVE SYMPTOMS:

If you should develop symptoms of COVID-19, please fill out this reporting [form](#).

WHAT TO DO IF YOU TEST POSITIVE

Should you test positive, please fill out this reporting [form](#).

TESTING

Please note that free testing for those who have symptoms or were exposed to the virus is available at UMMC (<https://covid-schedule.umc.edu/>), about a 5-minute drive from campus. If you need help arranging your appointment, please email studentlife@millsaps.edu.

QUARANTINE/ISOLATION “GO BAG”

Students should make sure they have a bag ready with the following supplies:

- Masks/neck gaiters
- Hand sanitizer (at least 65% ethyl alcohol);
- Fever-reducing medication;
- Disinfecting cleaning supplies for rooms and private bathrooms; and
- Technology
 - A laptop/tablet capable of running video conferencing software.
 - We ask that as many students as possible acquire a LAN (local area network) adapter suitable for their respective laptop/tablet. A LAN adapter allows the user to connect to an ethernet port while anywhere on campus, including residence hall rooms.

GENERAL CAMPUS-WIDE PROTOCOL

BEHAVIORAL SIGNAGE

New cleaning standards and capacity protocols will be reinforced with strategically placed signage around campus. The signage reminds us about hygiene practices, wearing masks/neck gaiters and that the well-being of our community depends on all of us doing our part.

FACE MASKS AND HYGIENE

Good hand hygiene and the use of appropriate masks/neck gaiters is essential to prevent person-to-person transmission of COVID-19 in our community. Students, faculty, staff and visitors are required to wear a mask/neck gaiter in public areas, including outdoors, and inside all buildings.

INCREASED SANITIZATION

We have implemented heightened cleaning measures to ensure the health and well-being of our community. We will disinfect common areas more frequently and provide complimentary sanitization products in our spaces.

SOCIAL DISTANCING (6-FEET)

We have modified shared spaces with staggered seating, creating buffered zone areas and adding some physical barriers to allow people to operate on campus while still maintaining a healthy physical distance from colleagues, community members and visitors.

SYMPTOM-TRACKING

In addition to general health care at the Wesson Health Center, the Campus Clear symptom tracking app can be downloaded on an app store. All athletes are required to use this service daily to accurately report any symptoms; all other students are strongly encouraged. The app helps you determine what action(s), if any, you should take.

OFF CAMPUS/TRAVEL

We expect that all students will take safety precautions when they leave campus. Students are expected to follow guidance from the governor of Mississippi, the city of Jackson, the Mississippi Department of Health and the CDC when off-campus. We ask that all members of the college community limit non-essential travel. If you do have to travel, please follow these recommendations from the CDC:

RUNNING ESSENTIAL ERRANDS:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/essential-goods-services.html>

CONSIDERATIONS FOR TRAVELERS:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html>

ACADEMIC CONTINUITY

If a student who is attending classes (regardless of where they are residing) becomes ill or needs to be quarantined/isolated during the semester, they should use the reporting [forms](#). Student Life staff will work with the Care Team to notify your class instructors that you require remote instruction.

Once you have been cleared as fit for class by the Wesson Health Center, the Care Team will notify class instructors that you can return to in-person instruction (if applicable).

For reference, below is a more detailed explanation of options that were offered for learning at the beginning of the semester regarding remote-only instruction:

OPTION 1:

Students opting for online-only learning, living off-campus for the entire semester

- Students will not be charged room and board, but their merit aid will be adjusted, consistent with the college's financial aid policies.
- Tuition and fees will remain the same.

OPTION 2:

Students living on campus and enrolling in courses that are offered online

- Tuition and fees will remain the same.
- If students wish to make alternate arrangements, academic advisors will work with them to adjust schedules if possible (this may not always be an option).
 - For example, it may be possible to switch from an online section of PSYC 1000 to an in-person section or from an online Connections option to an in-person, but some courses may have only online options without in-person variations.

CAMPUS RESOURCES AND SERVICES

CAMPUS DINING

Our partners at Aramark are committed to the highest levels of workplace and food safety while navigating new expectations in food delivery.

CHANGES TO SERVICE INCLUDE:

- Dining area tables adjusted for social distancing.
- Floor stickers used to help with social distancing.
- Program/menu adjustments to allow distancing – serving popular items at multiple stations, pre-packaged “grab & go” station available all day.
- To-go boxes offered.

PRECAUTIONS TAKEN IN CAMPUS DINING FACILITIES INCLUDE:

- Contact-less meal swipe.
- Daily health verification by all dining staff.
- Employee temperature monitoring.
- Increased table and chair cleaning/sanitizing frequency.
- Mandatory employee handwashing every 20 minutes.
- Personal protective equipment for dining staff.
- Plexiglass barriers.

Details and hours of operations for the Caf, EcoGrounds, and Reuben's are available at www.millsaps.campusdish.com.

Aramark has also adjusted its procedures to provide students in quarantine and isolation on campus with more food options.

COUNSELING CENTER AND MENTAL HEALTH

Mental health is an important part of overall health and wellbeing. It affects how we think, feel and act. It may also affect how we handle stress, relate to others and make choices during an emergency. People with pre-existing mental health conditions or substance use disorders may be particularly vulnerable in an emergency. Mental health conditions (such as depression, anxiety, bipolar disorder or schizophrenia) affect a person's thinking, feeling, mood or behavior in a way that influences their ability to relate to others and function each day. These conditions may be situational (short-term) or long-lasting (chronic). People with pre-existing mental health conditions should continue with their treatment and be aware of new or worsening symptoms. If you think you have new or worse symptoms, call your healthcare provider.

Call your healthcare provider if stress gets in the way of your daily activities for several days in a row. Free and confidential-resources can also help you or a loved one connect with a skilled, trained counselor in your area.

The Millsaps Counseling Center will continue to offer a wide range of mental health services to currently enrolled, full-time, degree-seeking students. To promote physical distancing and health and safety, the Counseling Center will offer services in-person and through tele-counseling. Student Life will supplement traditional offerings with programming and services responsive to the mental health needs of students navigating the pandemic. For more information or to schedule an appointment, please email counseling@millsaps.edu.

HALL ACTIVITIES CENTER

The HAC is now open for students, faculty, and staff by appointment only. The lower floor area is not accessible at this time, but free weights are available on the upper level for use. Users must reserve both a time slot (limited to 45 minutes) and exercise equipment. At this time, only one slot per person per day is allowed, and there is no cross-over on equipment. Student-athletes are not allowed to book slots during open hours.

Hours of operation are Monday–Friday, 11:30 a.m.–3:30 p.m. and 6:30 –9:30 p.m, and Saturday-Sunday 2:00-6:00 p.m.

Students may reserve a time slot and equipment [here](#).

RESIDENCE LIFE

We ask that students with roommates and suitemates treat their respective rooms and suites as a family would treat their household during the COVID-19 pandemic. Roommates/suitemates should limit the number (no more than one student guest per room resident) and frequency of visitors to their rooms; engage in shared cleaning practices; keep furniture arranged to maintain as much physical distance as possible; remind each other of symptom checks and tracking; and communicate with each other regularly about these expectations.

Millsaps College will not allow guests in the residence halls, except for move-in and move-out purposes. Campus guests may meet students in non-residential public or outside areas on campus but are not permitted in residence halls at any time. Residence hall lobbies and other common spaces will either be closed or have occupancy limits posted. Community kitchens are open with a maximum occupancy of 2. Residents may visit each other but must always abide by COVID-related expectations. These expectations include: mask/neck gaiter wearing, social distancing and a 1:1 occupant: guest ratio.

Housekeeping staff will provide daily cleaning for common area restrooms and showers. Resident Assistants will also engage floor communities to create identifying occupancy systems for each common restroom.

For more information about our campus event, visitor, and guest policy, please click [here](#).

WESSON HEALTH CENTER

The campus nurse has been integral to the college's planning and fall reopening preparation work. In addition to providing and maintaining its standard menu of services for eligible students, the Wesson Health Center is developing clinical protocols for caring for students exhibiting COVID-like symptoms. The Wesson Health Center will not permit walk-in visits for students with respiratory illnesses or potential COVID-19 symptoms. Students will be asked pre-screening questions via phone or email.

Millsaps has expanded its partnership with the University of Mississippi Medical Center (UMMC). Millsaps contracts with UMMC to staff medical residents in the health center on a rotational basis to provide medical services. Millsaps students will also have access to UMMC's telehealth services.

For more information, please call 601-974-1207 or email studentlife@millsaps.edu

STUDENT CONDUCT

As a reminder, students are always responsible to the rules and expectations outlined in Major Facts. This applies from admission to graduation and whether a student is on or off campus. On campus residents are also responsible to the standards set in the housing contract.

Refusal of a student to follow the safety guidelines will result in disciplinary action up to and including removal from campus housing, suspension or expulsion from campus in accordance with the [student conduct process](#).

Email us at studentlife@millsaps.edu to let us know if you witness behaviors that compromise our shared safety goals or need to report other student conduct violations.

STUDENT LIFE

Please see [this](#) for more information about hosting and attending events.

QUARANTINE AND ISOLATION PROCEDURES

NOTIFICATION FORMS

Each notification form for [symptoms](#), [exposure](#), and [results](#) helps to connect you with the best and most applicable resources. The responses will go to the members of the Care Team, the campus nurse/director of the Wesson Health Center, dean of students and designees, director of Academic Advising, care and intervention coordinator, and associate dean of Academic Affairs.

In accordance with applicable federal, state and local laws and regulations, the college will notify local health officials, faculty, staff and students immediately of any case of COVID-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA), FERPA and/or other applicable laws and regulations.

ISOLATION PROCEDURE

- Students who have reported a positive test result or symptoms will be required to isolate by utilizing an on campus or off campus option (see below).
- Once a student has submitted a reporting form, they will be contacted via phone by the campus nurse or other Student Life staff member.
- The student will be asked a series of wellness questions and then be asked if they would prefer an on campus or off campus option.
- The student will receive instructions for their desired option via email.
- This email will have a series of guidelines, instructions, and forms – all of which must be read thoroughly and responded to promptly.
- Be prepared to leave your room assignment within two hours of reporting symptoms and to report your close contacts.

QUARANTINE PROCEDURES

For self-reporting students (via exposure form)

- Once a student has submitted a reporting form, they will be contacted via phone by the campus nurse or other Student Life staff member.
- The student will be asked a series of wellness questions and then be asked if they would prefer an on campus or off campus option.
- The student will receive instructions for their desired option via email.
- This email will have a series of guidelines, instructions and forms – all of which must be read thoroughly and responded to promptly.
- Be prepared to leave campus or enter your quarantine space within two hours of reporting symptoms and to report your close contacts.
- Be prepared to schedule a COVID-19 test for the 5th day of your quarantine period ([link](#)).

For students identified through close contact identification

- Students who have been identified as close contacts of individuals who have tested positive will be contacted via phone by the campus nurse or other Student Life staff member.
- The student will be asked a series of wellness questions and then be asked if they would prefer an on campus or off campus option.
- The student will receive instructions for their desired option via email.
- This email will have a series of guidelines, instructions and forms – all of which must be read thoroughly and responded to promptly.
- Be prepared to leave campus or enter your quarantine space within two hours of reporting symptoms and to report your close contacts.
- Be prepared to schedule a COVID-19 test for the 5th day of your quarantine period ([link](#)).

EXCEPTIONS

Students who can provide a positive PCR or Rapid Antigen test result that was administered up to 90 days prior to exposure are not required to quarantine. This does not include a test administered to determine the presence of antibodies.

COVID-19 Vaccine

In accordance with new [Interim Clinical Considerations for Use of mRNA COVID-19 Vaccines | CDC](#), students with an exposure to someone with confirmed COVID-19 are not required to [quarantine](#) if they meet all of the following criteria:

- Are fully vaccinated (i.e., ≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine)
- Are within 3 months following receipt of the last dose in the series
- Have remained asymptomatic since the current COVID-19 exposure

ON CAMPUS OPTIONS & RESOURCES

I HAVE BEEN EXPOSED TO COVID-19 THROUGH A CLOSE CONTACT (QUARANTINE)

Goodman House

- Temperature controlled rooms with individualized control
- Access to outdoor space via available 2nd floor terraces only
- Laundry facilities
- Refrigerator with beverages
- Microwave

This option is available to students who utilize a community bathroom (Bacot and Ezelle residents only) or students who share a room or suite with individual(s) who do not have to quarantine (all residence halls). It is also available to those participating in the Monitored Exercise Initiative (as outlined on the next page.)

Quarantine in Place

- Amenities of existing room assignment
- No access to common areas and outdoor spaces

This option is available to students who do not share a community bathroom or to students who share a room or suite with individuals who also have to quarantine. (Not available to Bacot and Ezelle residents)

I HAVE TESTED POSITIVE FOR COVID-19

Goodman House

- Temperature controlled rooms with individualized control
- Access to outdoor space via available 2nd floor terraces only
- Laundry facilities
- Refrigerator with beverages
- Microwave

This is the only on-campus option for students who have tested positive for COVID-19. Symptomatic students who have tested positive may be placed with another positive, symptomatic student who identifies as the same gender.

I HAVE SYMPTOMS OF COVID-19 AND I WASN'T RECENTLY EXPOSED

Goodman House

- Temperature controlled rooms with individualized control
- Single room accommodations
- Access to outdoor space via available 2nd floor terraces only
- Laundry facilities
- Refrigerator with beverages
- Microwave

This is the only on-campus option for students who have symptoms of COVID-19.

CAMPUS DINING FOOD DELIVERY

- All individuals who opt for an on-campus quarantine or isolation option will have food delivered to their quarantine or isolation space by Aramark.
- Students will be able to select a variety of food preferences.
- Additional water and snacks will be provided when a student enters quarantine or isolation.
- Questions should be asked to Amy Abbott, Director of Dining Services (abbotas@millsaps.edu).

MONITORED EXERCISE INITIATIVE

- All students completing a 10-day quarantine in Goodman House who have tested on day 5 of their quarantine and received a negative result are eligible to participate in physical activity, in collaboration with the Office of Athletics.
 - Upon request, athletics trainers will be escorting students from Goodman House to the Athletics field for supervised return to play activity (athletes) or leisurely activity/casual exercise (all students).
 - Students are required to use a mask/neck gaiter at all times and remain 6 feet from any personnel or students when participating in this program.
- Students who have completed the first 5 days of their quarantine off-campus or in-place are eligible to participate only if they complete days 6-10 in Goodman House.
- Students who violate any portion of the quarantine/isolation agreement will not be eligible to participate in this program.
- The COVID Response Committee reserves the right to temporarily or permanently discontinue this program for any reason.
- To request to participate in this program, please fill out this [form](#).

SANITIZATION OF ON-CAMPUS ROOM ASSIGNMENTS AND QUARANTINE/ISOLATION SPACES

- Residence hall and college-managed fraternity house rooms that were occupied by a student in isolation are sanitized by SEJ Services.
- Goodman House rooms (both quarantine and isolation spaces) are sanitized by SEJ services between occupants. Housekeeping services are also performed.

ADDITIONAL RESOURCES

- Upon entering quarantine or isolation, students will be provided with various essential supplies including: an emergency contact resource card, laundry detergent, a washcloth, soap, and other items.
- Students who forgot items in their residence hall room or need essential items/medicine can contact studentlife@millsaps.edu.

OFF CAMPUS OPTIONS

I have been exposed to COVID-19 through a close contact, I have tested positive for the virus, or I have symptoms of COVID-19

Students have the option to decline on-campus options for quarantine or isolation and complete their designated quarantine or isolation period at their primary residence or with family or friends. Any off-campus option must allow you to separate yourself from others and prevent any additional exposure for the full quarantine/isolation period. By travelling off campus to quarantine/isolate, you acknowledge that you feel well enough to operate a vehicle and that you are responsible for coordinating your own medical care/testing.

EXPECTATIONS WHILE IN QUARANTINE OR ISOLATION

ON CAMPUS

- Stay in your room except to get necessary medical care, do laundry at preapproved facilities or get testing.
- Do not allow visitors in your room.
- Do not attend in-person class.
- Do not congregate in public areas.
- Monitor your symptoms with the Campus Clear app or symptom-reporting [form](#).
- Respond in a timely fashion to all communications from campus staff.
- Notify the nurse if you need to leave campus for a medical appointment or testing.
- Call Campus Safety (601-974-1234) if you have a medical emergency (including trouble breathing).
- Wait for clearance from Student Life staff before moving out of quarantine/isolation.

OFF CAMPUS

- Acknowledge that you are responsible for monitoring your symptoms and getting appropriate medical care.
- Stay in your residence except to get necessary medical care or get testing.
- Do not allow visitors in your residence.
- Do not return to campus for any reason, including to obtain items from your residence hall assignment or attend in-person class
- Monitor your symptoms with the Campus Clear app or symptom-reporting form ([link](#)).
- Use proper hygiene and sanitization methods.
- Only obtain food or supplies through delivery services.
- Respond in a timely fashion to all communications from campus staff.
- Wait for clearance from Student Life staff before moving out of quarantine/isolation.

Failure to follow these and all other safety guidelines or instructions from campus staff will result in disciplinary action up to and including removal from campus housing, suspension or expulsion from Millsaps in accordance with the student conduct process.

The agreement that students are required to complete upon entering quarantine or isolation can be found here ([Quarantine/Isolation Agreement \(jotform.com\)](#)).

ADDITIONAL EXPECTATIONS

- Items suggested for students entering quarantine or isolation:
- A “quarantine/isolation go bag” that consists of at least a ten-day (10) supply of clothes, hygiene products, medication and comfort items
- Bedding and linens
- Class materials and necessary school supplies
- Technology items (electronic devices, charges, etc.)
- Thermometer
- Masks/neck gaiters and other appropriate PPE
- Sanitizing products

TIMELINE AND OBTAINING CLEARANCE FOR REGULAR CAMPUS ACCESS

I HAVE BEEN EXPOSED TO COVID-19 THROUGH A CLOSE CONTACT (QUARANTINE)

Students can obtain clearance for regular campus access once the following items have been met:

1. 10 days from exposure, with the date of exposure counting as day 0, provided a COVID-19 test is administered on day 5 of the quarantine period and a negative test result is received.
 - a. The quarantine period be increased by the College Nurse for reasons including, but not limited to, unavailability of testing in the local area.
2. A negative test result provided to the campus nurse (landwcv@millsaps.edu) as the result of a PCR or Rapid Antigen Test administered on day 5 of your quarantine
 - a. For students who receive a positive test result as the result of a required test: See Isolation Procedure
3. No instances of violations of the Quarantine Agreement ([link](#))
4. A “[Cleared for Campus Access](#)” document has been received by Student Life staff

I HAVE TESTED POSITIVE FOR COVID-19 (ISOLATION)

Students can obtain clearance for regular campus access once the following items have been met:

1. At least 10 days from: the onset of symptoms (symptomatic) or from the day of testing (asymptomatic), with either of these events counting as day 0
2. At least 24 hours without symptoms that have not been subsided by the use of medication
3. No instances of violations of the Isolation Agreement
4. A “[Cleared for Campus Access](#)” document has been received by Student Life staff

I HAVE SYMPTOMS OF COVID-19 AND I WASN'T RECENTLY EXPOSED (ISOLATION)

Students can obtain clearance for regular campus access once the following items have been met:

1. A negative PCR test result
2. At least 24 hours without symptoms that have not been subsided by the use of medication
3. No instances of violations of the Isolation Agreement
4. A “[Cleared for Campus Access](#)” document has been received by Student Life staff

GENERAL UPDATES

For more information on campus policies and to view the COVID-19 Dashboard, please visit [Coronavirus \(COVID-19\) Community Updates and Resources \(millsaps.edu\)](https://millsaps.edu/coronavirus).